



### May Day

The May Day celebration at Cyberport was a wonderful opportunity to get our families together and enjoy this beautiful festival. It was a very hot day, despite the warnings of rain, and we were able to enjoy the flower crown making, picnics, singing and weaving the ribbons round the maypole. We hope you found the parking easier than the previous years at Victoria Peak Garden. To provide the children the chance to play in an open area and to have contact with nature is always a priority when choosing a venue, as well, of course as being accessible!

### Additional Monday Parent/Carer & Child Classes

Starting from 11<sup>th</sup> May we are now offering an additional English Parent/Carer & Child groups (for children aged 1 to 2 ½ years) on Mondays from 9am to 10:30am. If you wish to join the 9am class or are interested in a class from 2:45pm to 4:15pm on Mondays please contact the office. These Monday classes can be taken on their own or as an addition to your existing classes.

### Conference in Japan

Two teachers, Jessica and Jie, attended the 6th Asian Waldorf Teachers' Conference at the Fujino Waldorf School in Tokyo, Japan from 25th April- 1st May. In this conference, teachers from Waldorf education gathered together to attend lectures and workshops to deepen their understanding of Waldorf education and practices. They also had the chance to meet with and to share their experiences with Waldorf educators from all across Asia. The main theme of this conference was "Building a Conscious Bridge to the Future for Asia." Much like children who are constantly building bridges between themselves and their surroundings from the moment they came to this world, Waldorf teachers are on the path of continuously growing and transforming their insights as educators. The conference was truly a wonderful experience. Teachers from different countries and cultures in Asia to come together and to inspire and enrich all of us in our work to teach the future generations.

# Workshops

**Parent Workshop**  
**Monday 8th June 10.00am – 12.00pm**  
**Coping with the Media and Adult World**  
**Cost \$300**  
**Julie Lam & Amy Punton**

- Covering the section from Simplicity Parenting: 'Filtering Out the Adult World' for a dynamic discussion!
- Create a more peaceful home and a balanced life for the whole family. Recognise the signs of stress in your child and how to implement strategies accommodating both adult and child's needs.
- Please do join, even if you have not yet read the book! This is a very relevant and current hot topic.

We will focus on sharing real life examples, discussing ways of communicating better and managing our children with greater understanding.

**Monday 15th June**  
**10.00am—12.00pm**  
**Parents Drop in Coffee Morning!**

Casual get together for all parents. A great chance to chat about what workshops you would like for the coming year. Julie Lam will also give an informal introduction to Family Nutrition.

**Methods of Guiding Children - Workshop for Caregivers (Helpers/ Nannies)**

**Wednesday 17th June**  
**9.00am – 10.30am**  
**cost \$250**  
**Amy Punton**

- How to provide consistency and security for healthy, happy children.
- Support children's independence and ability to play imaginatively.
- Help make enjoyable mealtimes, peaceful bedtimes and happy, organised mornings!



To register for any of the workshops above please email [info@highgatehouse.edu.hk](mailto:info@highgatehouse.edu.hk).



## Mid-Summer Drinks

Please note that this will now be held on Tuesday 9<sup>th</sup> June from 6.30pm – 8.00pm. Join us in school for an end of year get together. An invite will be sent out by email soon.



## Summer School

A reminder that if you would like your child to attend classes in July and/or August, please sign up for the summer school programme now! Summer School is run separately from our regular classes during the year.



### Dates to Remember:

Tuesday 9<sup>th</sup> June

Friday 26<sup>th</sup> June

29<sup>th</sup> June to 1<sup>st</sup> August

Tuesday 18<sup>th</sup> August

Tuesday 18<sup>th</sup> August

Wednesday 19<sup>th</sup> August

Mid-Summer Drinks

Last day of Summer Term

Summer School

Start of New School Year for Parent/Carer & Child classes

Induction Meeting for Nursery & Kindergarten Parents

Start of New School Year for Nursery/ Kindergarten