

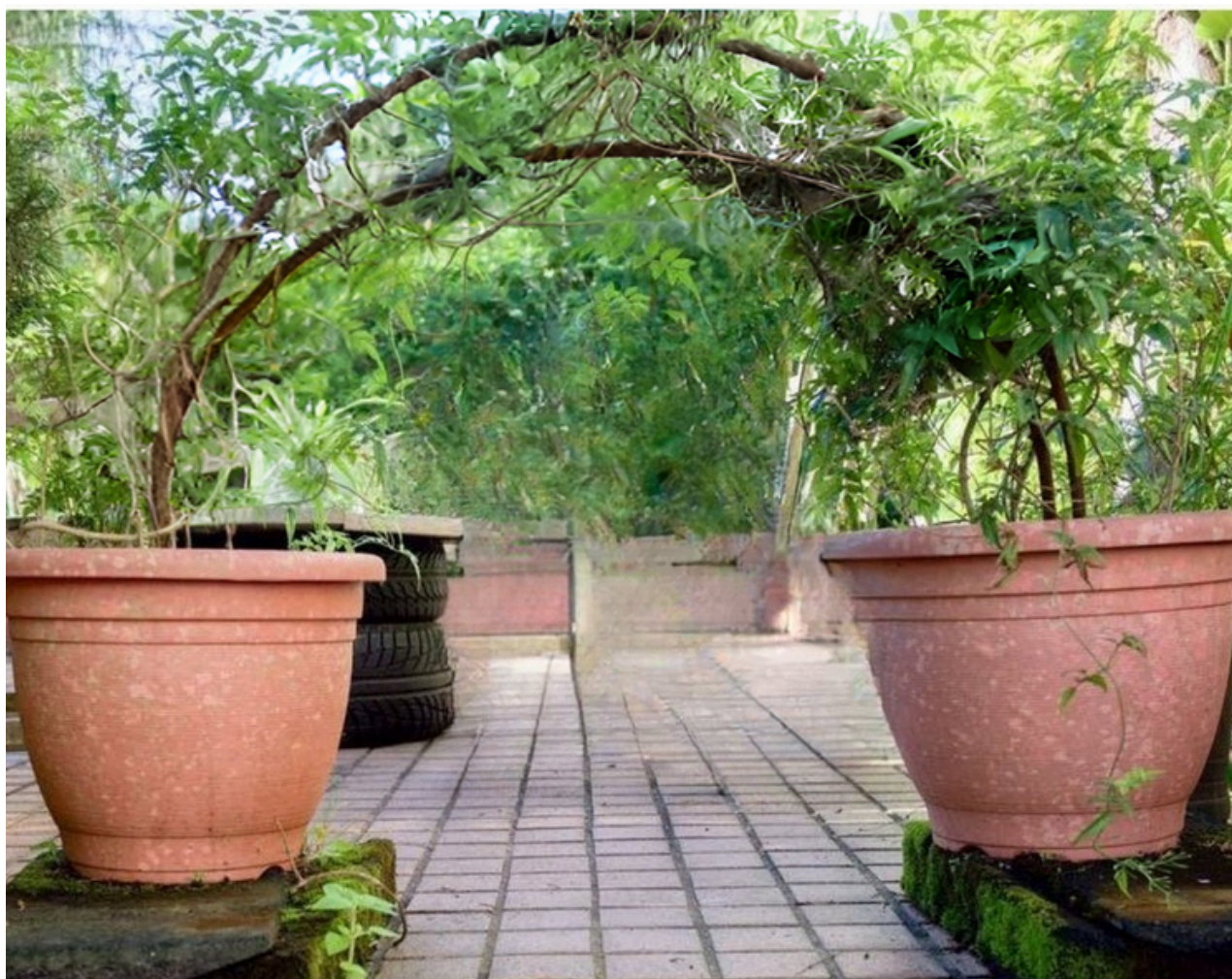


# HIGHGATE HOUSE SCHOOL

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International Steiner Waldorf Pre School

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Parent & Child Classes

Ages: 4 months - 2.5 years old

Kindergarten

Ages: 3 - 6 years old

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[www.highgatehouse.edu.hk](http://www.highgatehouse.edu.hk)

# OUR AIMS

At Highgate House we have the well being of each child as our priority.

Our main aim is to nurture all round development and provide strong foundations for future learning; when children feel loved and secure they are open to new learning every day.

For the family, we provide the time and space to be supported with relevant information and the latest insights on early childhood development.

We encourage a sharing and exchange of ideas to help integrate the child's first experience of education as a natural progression from home.

Your child deserves a positive and joyful start to school. This ideal continues to be our greatest inspiration.



2024-25



“The greatest gift a parent  
can give, after love, is a  
good education”  
-Rudolf Steiner

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# ABOUT US

Highgate House was founded by a small group of parents with young children in 1992 seeking to create a setting where young children were able to learn through play and creativity rather than in a formal school environment.

Julie Lam, a founder member, wrote the first curriculum emphasizing learning through exploration, with freedom for creativity and brought in the philosophy of Steiner Waldorf education to Hong Kong for the first time in 2001. The International Kindergarten Association accredited the school as a Steiner Waldorf Kindergarten in 2003. Highgate House remains a family run organisation to this day with its same core values underpinning the whole ethos of the school.

The present location at the Peak opened in 2002 and caters for children from the ages of 0 - 6 years.

At Highgate House, we educate the whole child, preserving children's wonder and delight in learning. Children who are not hurried through childhood are more likely to become well-adjusted adults. The firm foundations we build ensure the education is one for life.



# ABOUT STEINER WALDOF EDUCATION

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Highgate House School

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A highly regarded research report by Stanford University found the following:

“Research led by neuroscientists, found not only that Waldorf students significantly outperform their peers on standardized tests at the end of their middle school curriculum (8th grade) they emphasized that Waldorf students’ superior performance occurs even though the students do not have a history of taking standardized tests. These scientists also highlighted the need to correct the misperception that Waldorf education is somehow less rigorous, because it is more responsive to children at their developmental stage and holistic.” (Stanford University reviews Steiner Waldorf Education, 2017)







Steiner Waldorf education has grown to become the largest independent educational movement in the world. We are one of over 2000 kindergartens in more than 45 countries. There are also over 875 schools worldwide for children up to the age of 18/19 years. In many European countries the schools are funded by the state. Each of these schools is part of its local cultural community, yet all have something in common - a profound respect for the individuality of every child. The aim is to educate the whole child, often described as an education of “the head, heart and hands”. Throughout the early years, it supports teaching academic disciplines through age-appropriate curriculum. Children today, particularly in major cities, can be pushed too far beyond their capabilities and this adversely affects healthy development.

In the early years, there is a focus on building a feeling of security and encouraging curiosity for learning in a homelike environment. This sense of security is the foundation for children to learn.

# OUR ENVIRONMENT

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## OUTDOOR SPACE

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Highgate House School has a wonderful location with beautiful open views of the mountains and sea. We provide a retreat away from the city bustle with easy safe access. Each day all the children have outdoor time where they play freely.

Our unique 4000 sq ft outdoor garden gives your child the chance to play outdoors every day, to aid healthy child development. We have space for physical activity, a flower and vegetable garden, sandpit, climbing frames, and even a rabbit area!

Gardening is introduced from an early age, with the children helping to grow produce that can be used in soups or seasonal dishes. Children have all weather clothing and footwear in school so that we can enjoy the natural elements in all seasons.

[www.highgatehouse.edu.hk](http://www.highgatehouse.edu.hk)



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# CLASSROOMS

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Our school offers exceptionally spacious classrooms with high ceilings, great ventilation, many large windows providing natural light, and patio doors leading onto the outdoor terrace. Each classroom is filled with specially designed equipment, natural materials, and carefully chosen colours to complement and develop our curriculum.

We purposely choose not to fill our classrooms to their maximum capacity in order to allow children to enjoy the space and freedom to thrive.





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# OUR STAFF

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Our staff are drawn from a wide range of background, and all are experienced and trained early years educators and Steiner Waldorf teachers .

Our teachers meet weekly for internal training sessions as well as gathering for both weekly class and whole school meetings. We aim to be trustworthy, caring, loving, and honest and value regular and open communication with parents. Many of our staff have been with us for over 10 years and we have a family-like staff structure.



# OUR CURRICULUM

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Strong foundations for academics and the developing intellect are formed through creative, artistic and domestic activities. Children develop their vital social, linguistic and dexterity skills in a programme that is designed around the natural way in which they learn.

We build emotional and cognitive intelligence in the most effective way by being always aware of children's needs in the years from birth to six. Children are encouraged to join in helping the teacher who acts as a role model using purposeful and authentic activities. All teachers are conscious of words, gestures and actions around the child to be the example worthy of imitation.





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Daily and weekly activities are brought into a 'breathing' rhythm". This means that the sessions are balanced with both structured, focused time and free, creative self-chosen activities. With this rhythm to the day, the children have a sense of belonging and security as well as a sense of time and space. As learning progresses, children become more able to concentrate for longer periods and the difficulty of activities is adjusted as necessary.



Imaginative Play

Practical Activities

(Cooking, woodwork, sewing)

Morning Circle

Snack Time

Experience of the  
natural world



Cultural learning

Language



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# LANGUAGE

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**English and Mandarin** are the languages spoken in school with options from English, Bilingual and pure Mandarin available. Our teachers are native speakers who have undergone training in the teaching philosophy of the school. It is proven that children under 7 absorb language in the best way through their daily living experiences rather than through formal instruction and that these early years are the best time to learn. We encourage language development in an easy and relaxed way through natural conversation, songs and stories.

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## CULTURAL LEARNING AND LANGUAGE

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We celebrate a wide variety of festivals throughout the year, incorporating the wide range of nationalities and cultures that are represented in school. Our main festivals include Christmas, Chinese New Year, Easter, May Day and Lantern Festival. We also enjoy whole school outings, including a picnic on the beach and visit to gardens and parks. The seasons and festivals are celebrated through story, craft, singing and movement.



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Chinese New Year Celebrations

Advent Spiral



# ACCOMPANIED CLASSES

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Parent/Carer & Baby	Ages 4 months - 12 months
Parent/Carer & Child	Ages 12 months - 2.5 years
Seedlings	Ages 18 months - 3 years

We provide a specially prepared environment with beautiful wooden equipment and selected materials to develop movement, exploration and sociability. Parents and main caregivers learn communication and observation skills from our trained staff. Your baby develops trust, self-confidence, curiosity and an authentic sense of self.





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## ACCOMPANIED CLASSES

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### PARENT & CHILD

9:00 - 9:35	Creative Play/Craft/Baking
9:35 - 9:40	Tidy Up
9:40 - 9:50	Singing Time
9:50 - 10:00	Snack
10:00 - 10:20	Outdoor Play
10:20 - 10:30	Story Time
10:30	Goodbye

### PARENT & BABY

10:45 - 11:00	Arrival, Updates/Sharing
11:00 - 11:45	Play and Observation
12:00 - 12:15	Tidy up/Songs
12:15	Goodbye



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## ACCOMPANIED CLASSES

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Together we discuss aspects of healthy child development. We learn rhymes and touch games to strengthen a good relationship and build upon this at home. The children begin to develop social skills and gentle intervention by an adult is sometimes needed as children learn about others and how it is to be part of a group . By participating in these sessions, children begin to form a link with the school as a whole. This can help provide an easier transition at a later stage to nursery as the child builds trust in his/her environment.

Our approach in these groups is based on the pioneering work and research of Dr Emmi Pikler with an understanding of Steiner Waldorf early childhood education [www.steinerwaldorf.org](http://www.steinerwaldorf.org).

## ACCOMPANIED CLASSES & FEES

### Ages 6 weeks to 12 months

Infant Massage (upon request)

2:30pm - 4:00pm	Wednesday	English
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### Ages 4 months to 12 months

Parent/Caregiver & Baby

10:45am - 12:15pm	Monday	English
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### Ages 12 months to 2.5 years

Parent/Caregiver & Child

9:00am - 10:30am	Tuesday & Thursday	English
10:45am - 12:15pm	Tuesday & Thursday	English
9:00am - 10:30am	Monday & Wednesday	Mandarin

Single class option

10:45am - 12:15pm	Wednesday	Mandarin
9:30am - 11:00am	Saturday	English



## ACCOMPANIED CLASSES & FEES

All groups allow the child to play creatively and include songs and rhymes for language development. From age 12 months, activities such as baking, painting, story time and outdoor play are introduced. The groups provide a supportive network and a safe place to discuss current knowledge on early childhood and parenting.

### Payment options:

Termly:	\$500 per class for termly commitment (3 months)
Drop In:	\$600 per class for short term enrolment or drop-in

The school is pleased to offer limited make-up classes for accompanied classes due to absence for any reason subject to the terms and conditions.

### Seedlings (18 Months to 3 years)

This is an adult accompanied class for children aged 18 months to 3 years and is a 2 hour afternoon session. It is aimed at children who would benefit from a gentle transition to a more structured, independent environment, allowing them to grow in confidence before joining our unaccompanied Nursery. The classes will be held in one of our main Nursery classrooms to help with this gradual transition.

2:00pm-4:00pm	Monday, Wednesday, Friday	Bilingual	\$8,100 per month
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# NURSERY & KINDERGARTEN

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We develop all the skills necessary for primary school as well as negotiation, leadership, problem solving, team building, social interaction, creativity and empathy. Children develop physically, emotionally and cognitively through the participation in the daily activities and care of their own environment as well as the care and acknowledgement of each other.

Each day of the week has its own artistic or handicraft activity, such as a baking day. We offer water colour painting and drawing with wax crayons, beeswax modeling and other handicrafts which vary according to the facilities or the particular skills of the adults concerned.

In all these activities the children learn by example, finding their way in to the experiences at their own pace. In this way the children learn to explore and be creative whilst acquiring a love of work. This manifests itself in an increasing mood of self-reliance and calm industriousness when the children are engaged.



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# NURSERY

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## Nursery Classes (ages 2 - 4)

English, Mandarin or Bilingual options. Native speaker teachers with a ratio of 1:6 (maximum of 22 children and 4 teachers per class).

The Nursery class is the first class where children can become to school indepently. We do a very slow transition process, going at a speed that suits your child. We ask for children to be accompanied when they first join the class and phase the adult out gently.

There are options for 2 days, 3 days or 5 days a week. We have both English and Mandarin teacher caring for the children, providing a bilingual environment.

9:00 - 9:55	Outdoor Play
9:55 - 10:15	Circle Time
10:15 - 10:20	Washroom
10:20 - 10:40	Snack Time
10:40 - 11:35	Creative Play/Craft/Baking
11:35 - 11:40	Tidy up time
11:40 - 12:00	Storytime

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# KINDERGARTEN

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## Kindergarten Classes (ages 3 - 6)

Kindergarten classes have both an English and a Mandarin teacher. The children in this mixed age group develop in all aspects through creative play, cooking, crafts, music, outdoor play and storytelling. Children build up an increased ability to focus for longer periods, to learn about others in a social sense and expand their imaginative capacities. Language in both Mandarin and English is learnt in a natural and enjoyable way.

9:00 - 10:25	Creative Play/Cooking/Craft
10:25 - 10:35	Tidy up
10:35 - 10:40	Washroom
10:55 - 11:10	Snack Time
10:55 - 11:10	Circle Time/Mandarin
11:10 - 11:40	Outdoor Play
11:40 - 12:00	Storytime

# AFTERNOON CLASSES

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## Lunch

All children have the option to stay for supervised lunch hour until 1pm which is included in the morning session fees. At 1pm, children will either return home or join an extended day class for Mandarin or Creative Activities. In addition, we also offer a Transition to Primary School class for children aged 3.5 plus.

All groups have their lunch together and share conversation over a relaxed meal around the table.



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## AFTERNOON CLASSES

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### Transition to Primary School

Children approaching 4 years and up are taught letters and numbers through artistic activities and exercises. They practice writing the forms of the letters and numbers as well as consolidating the concepts with games.

This class prepares children for international primary schools. It focuses upon developing literacy and numeracy through a dynamic programme where individual learning styles are acknowledged and catered for. This class must be attended 3 afternoons (**M/W/F**) in order for the programme to be followed effectively.

To discuss your child's individual needs, please contact your child's teacher. We all aim to work together to prepare your child for an easy transition to the Primary School of your choice

12:15pm	Lunch
1:00pm	Letter/number introduction with story, movement, artistic/writing activity/Maths/language games
1:50pm	Washroom/Fruit snack
2:00pm	Outdoor Play/Washroom
2:20pm	Storybook
2:30pm	Home

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## AFTERNOON CLASSES

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### **Creative Activities (2-3 years and 3-6 years)**

This programme is run in English incorporating various activities that change daily e.g. gardening, baking, craft, modeling, watercolour painting, puppetry

#### **Creative Activities for Nursery**

Nursery aged children have the option to stay on for lunch hour after their morning Nursery class (12pm-1pm) and join for an extended day class 1-2.30pm. The class will be a smaller setting (maximum 10 children) and children will have the opportunity to take part in variety of seasonal arts and craft projects along with outdoor play, snack and a short storytime. Available 5 days, 3 days or 2 days. Children do not need to be toilet trained to attend.

#### **Creative Activities for Kindergarten**

This class focuses on art and craft activities. It is a gentle introduction to longer days in preparation for primary school and provides a relaxing environment for your child to continue learning in a natural way.

12:15pm	Lunch
1:00pm	Verses and Games
1:15pm	Activity time - varies daily
1:55pm	Fruit snack/Drink
2:10pm	Story time
2:30pm	Home

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## AFTERNOON CLASSES

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### Mandarin

The teacher encourages immersion conversation familiarizing the children with everyday vocabulary during the various activities. The children will also develop simple character recognition.

#### **Mandarin - Ages 2 ½ to 6 years**

As in the Mandarin only groups, this afternoon activity is an immersion approach to language teaching. The children are encouraged to converse freely and practice new vocabulary in a natural way through everyday conversation, songs, stories and other group activities.

#### **Mandarin Small Group (Private)**

**Mon-Fri from 3.15-4.30pm, maximum 4 students.**

Our Mandarin teacher Euphonia, who has a Masters in Linguistics, will be offering immersive small group private Mandarin lessons for children with an existing strong foundation in Mandarin and those at primary school looking for some extra support with their Mandarin curriculum.

12:15pm	Lunch
1:00pm	Verses and Games
1:15pm	Craft/Activity time - varies daily
1:55pm	Washroom/Fruit Snack
2:10pm	Story time in Chinese
2:30pm	Home



## NURSERY & KINDERGARTEN CLASS FEES

### Nursery (2 to 4 years)

#### Bilingual (English/Mandarin)

9am - 12pm	2 days	Tuesday & Thursday	\$8,100 / month
9am - 12pm	3 days	Monday, Wednesday, & Friday	\$9,975 / month
9am - 12pm	5 days	Monday to Friday	\$14,000 / month

### Kindergarten (3 to 6 years)

#### Bilingual (English/Mandarin)

9am - 12pm	5 days	Monday to Friday	\$14,000 / month
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### Afternoon Classes 1pm-2.30pm

2 sessions	\$4,050 monthly
3 sessions	\$4,990 monthly
4 sessions	\$5,935 monthly
5 sessions	\$7,000 monthly

\*The fee is inclusive of healthy homemade snacks daily.

Optional supervised lunch hour 12pm-1pm is included in the fee.

To request further information please email: [admin@highgatehouse.edu.hk](mailto:admin@highgatehouse.edu.hk)

# SCHOOL BUS SERVICES

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School bus service is available for unaccompanied children 2 years+ over. Please send us an email to [admin@highgatehouse.edu.hk](mailto:admin@highgatehouse.edu.hk) if your area is not listed below, we will try our best to assist.

**\*\*\* Availability of bus service to certain areas listed below is subject to confirmation. \*\*\***

Route	Area	Approximate pick up time*	Approximate drop off time*
Zone A	Mt. Austin	08:50am	12:05pm
	Plantation Road	08:50am	12:05pm
Zone B	Peak Road	08:40am	12:15pm
	Magazine Gap Road	08:40am	12:15pm
	Tregunter Path	08:35am	12:20pm
	May Road	08:35am	12:20pm
	Old Peak Road	08:35am	12:20pm
Zone C	Macdonnell Road	08:25am	12:25pm
	Bowen Road	08:25am	12:25pm
	Robinson Road	08:20am	12:25pm
Zone D	Stubbs Road	08:15am	12:20pm
	Jardine's Lookout	08:10am	12:30pm
	Tai Hang	08:05am	12:30pm

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# BUS FEES

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Fees are charged termly. Minimum one term commitment for bus services

Autumn Term:

*September to December*

Spring Term:

*January to March*

Summer Term:

*April to June*

## Monthly Fee

5 days	Return	Single
Zone A	\$1590	\$1120
Zone B	\$2380	\$1710
Zone C & D	\$2540	\$1790

3 days	Return	Single
Zone A	\$1040	\$750
Zone B	\$1740	\$1220
Zone C & D	\$1860	\$1300

2 days	Return	Single
Zone A	\$770	\$550
Zone B	\$1230	\$850
Zone C & D	\$1330	\$920



# OTHER INFORMATION

## SUMMER SCHOOL & HOLIDAY CAMPS

We offer classes throughout the summer months and during term holidays. Please contact us if you would like to be added to our mailing list.

## Teacher Training Programme

We are the Hong Kong Centre for Steiner Waldorf Early Childhood Studies and are in partnership with CACHE and the Crossfields Institute. We offer a part-time, 2 year Level 4 Diploma in Steiner Waldorf Early Childhood Studies (Early Years Educator). The course is suitable if you are looking for a recognised, accredited qualification in early years care and education and wish to specialise in the Waldorf approach to early childhood.

"Conscious Teaching" is offered alongside a range of other short parenting, self-development and CPD courses at our new website and community 'Wellsprings of Wisdom'.

Visit [www.wellsprings.edu.hk](http://www.wellsprings.edu.hk) or call 2849 6336 or email [admin@wellsprings.edu.hk](mailto:admin@wellsprings.edu.hk) for further information





2025



Online Registration

Tel: 2849 6336

**Address:**

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